

## Coach Development Program

*\*\*Please note: This schedule is subject to change at any point\*\**

### Guest speakers include:

1- Mike Smith	Portland Timbers	November 5th
2-TBD	CDLI	Dec 16/18th
3-TBD	Referee	Jan 21st

### Education Plan

#### Week 1 (Oct 22nd/29th) - Coach Conduct and leadership

What do we want to coach?

What do we want to be as a coach?

Who are some coaches you have enjoyed and respected and visa versa?

What is a philosophy? What is the club Philosophy?

What are values? What are the club values?

Coach conduct and leadership

#### Week 3 (Nov 5th) - The bigger picture

*Guest Speaker - Mike Smith + Q&A*

Join & observe the other coaches in the club with Mike Smith and coach ed sessions

-Sessions

-Planning

-Principles of Attack + Principles of Defence

-What to teach at what age? What important to the player?

#### Week 5 ( Nov 19th )

Work on running sessions and designing sessions

Introduce the idea of progression

How to effectively build and layout a session

How to deliver a session

How to make appropriate coaching points

Provide sessions

#### Week 7 (Dec 9th/11th)

Grassroots Coaching Course.

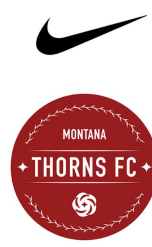
5-9pm Sportsplex

5-6pm Classroom

6-8pm Field

8-9pm Classroom





Week 8 (Dec 16th/18th)

CDLI Talk - Community projects and making a difference

Week 11 (Jan 7th)

Social media & Communication - how to effectively communicate with players and parents. "Honestly breeds integrity"

Week 13 (Jan 21st)

*Guest Speaker - Referee Course?*

Week 15 (Jan 28th)

Coaching assessment

