



Week 2 - April 20th - April 26th

<i>Week</i>	<i>Date</i>	<i>Activity</i>
Week 2	Challenge 2 - The Scissor Flick Video Link	
	April 20th	Juggling Video Video Link
	April 21st	Work on Challenge 2
	April 22nd	Soccer Work Out Video Link
	April 23rd	Work on Challenge 2
	April 24th	Isolation Stations Video Video Link
	April 25th	Juggling Video Video Link
	April 26th	Record your highest juggles for the week. Record Sheet link

Be sure to check out our "Juggling Challenge". A week by week challenge to encourage players to track and develop their juggling while at home.

More Details here...

<http://www.billingsunited.net/player-development/>

